

Zeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
9:00 - 11:30		10:00 - 11:15 Bauch-Beine-Po Marie-Lu		10:00 - 11:15 Bauch-Beine-Po Marie-Lu			
14:30 - 17:30	14:30 - 16:00 aktiv Leben 50+ Ewa		14:30 - 16:00 aktiv Leben 50+ Ewa				16:00 - 17:00 LMI-Step Sara
							17:00 - 18:00 Balance Sara
	17:00 - 18:00 Bauch-Beine-Po Ramona	17:00 - 18:00 Step Sculpt Ramona	17:00 - 18:00 Bauch-Beine-Po Ewa	17:00 - 18:00 Boxing Marianna	17:00 - 18:00 LMI-Step Sara	17:00 - 18:15 Pump Team	
18:00 - 20:15	18:00 - 19:00 LMI-Step Sara	18:00 - 19:15 Pump Finn	18:00 - 19:00 LMI-Step Sara	18:00 - 19:00 Bauch-Beine-Po Ramona			
	19:00 - 20:00 Pump Henning	19:15 - 20:15 Rücken-FIT Ingrid	19:00 - 20:00 Balance Ewa	19:00 - 20:00 Pump-Mix Sara			